

CHELTENHAM & GLOUCESTER GYMNASTICS CLUB
CODE OF CONDUCT - PARENTS

Cheltenham & Gloucester Gymnastics Club (CGGC) is dedicated to providing a safe, supportive, and positive environment for all our gymnasts. As parents and guardians, your role is crucial in maintaining the standards and values of our club. This Code of Conduct outlines the expectations for parents to ensure a harmonious and constructive atmosphere.

1. RESPECT & SPORTSMANSHIP

- **Respect for All:** Treat all gymnasts, coaches, officials, volunteers, and other parents with respect and courtesy. Refrain from using abusive, derogatory, or offensive language or behaviour. Do not undermine the coach's authority or talk negatively about anyone.
- **Positive Support:** Encourage your child and other gymnasts positively. Applaud their efforts and progress rather than focusing solely on results.
- **Role Model:** Lead by example, show sportsmanship and respect the coach's and official's decisions.

2. COMMUNICATION

- **Constructive Dialogue:** Communicate openly and constructively with coaches and staff. Address any concerns privately and respectfully at an appropriate time.
- **Feedback:** Provide feedback in a respectful manner and be open to receiving feedback regarding your child's development and behaviour.

3. ATTENDANCE & PARTICIPATION

- **Punctuality:** Ensure your child arrives on time for training sessions, competitions, and events. Inform coaches promptly of any absences or lateness. Make sure they are in the correct attire and always have a water bottle with them for training. Collect your child promptly at the end of the session and inform the club if someone different will be collecting your child.
- **Engagement:** Encourage your child to participate fully and enthusiastically in all activities. Support their commitment to the sport and the club. Ensure that they wish to participate in gymnastics classes.
- **Waiting Area:** Parents staying on site for classes must wait within the designated viewing area for the duration of the class. During busy classes, this should be limited to 1 parent per child. Parents are not permitted to wander the halls or attempt to contact their child during the class. Noise levels should be kept to a minimum. If the viewing area is full, you will need to wait outside.

4. SAFETY & WELFARE

- **Safety First:** Prioritise the safety and well-being of all gymnasts. Report any concerns about your child's or others' safety to the appropriate club officials. Any medical conditions must be reported to the club.
- **Supervision:** Ensure younger children are supervised appropriately before and after training sessions. Do not leave children unattended at the club premises. Ensure your child's presence is acknowledged before leaving the premises if you are not staying for the class.

- **Health:** Inform coaches of any medical conditions or injuries that may affect your child's participation. Follow the club's policies on sickness, injury management and recovery.
- **Car Safety:** Be mindful when driving down the busy industrial estate. Park your vehicle responsibly in the designated parking areas.

5. CLUB POLICIES & PROCEDURES

- **Adherence to Rules:** Familiarise yourself and your child with the club's rules, policies, and procedures. Ensure that these are followed at all times.
- **Commitment:** Support the club's efforts by volunteering for events, fundraisers, and other activities wherever possible. Contribute to the positive running of the club community.

6. SOCIAL MEDIA & PUBLIC REPRESENTATION

- **Responsible Use:** Use social media responsibly. Do not post negative or harmful comments about the club, its members, staff, or competitors. Promote the club positively online.
- **Privacy:** Respect the privacy of all club members. Do not share photos or personal information of gymnasts without prior consent.

7. CONFLICT RESOLUTION

- **Dispute Handling:** Address any conflicts or disputes through the proper channels as outlined by the club's grievance policy. Avoid confrontations during training sessions or events.
- **Mediation:** Be open to mediation and discussions to resolve issues amicably.

8. ENCOURAGING A POSITIVE ENVIRONMENT:

- **Inclusivity:** Promote inclusivity and diversity within the club. Encourage a welcoming environment for all gymnasts, regardless of their background or ability.
- **Support Network:** Be part of a supportive network for all parents and gymnasts. Share experiences and offer help to new members.

A Friendly Reminder

At CGGC, our club is made up of hundreds of families, each with different backgrounds, perspectives, and ideas about rules and conduct. We understand there's no way to please everyone all the time, but our Code of Conduct sets out clear guidelines on how CGGC operates. By following these guidelines, we can all contribute to a positive and nurturing environment for our gymnasts.

Thank you for your cooperation and support.



Jimmy Taylor Cardoso